

Design and creation of an outdoor therapeutic garden benefiting patients of the Neurological Revalidation Unit of the CHU Brugmann

Summary

- Design and creation of an outdoor therapeutic garden for the multidisciplinary care of patients of the Neurological Revalidation Unit will ensure continuity and offer a sense of reality to them in their everyday lives. It will enhance the extent of treatment offered, as well as the quality of the patients' lives.
- Managing grip and walking are two overriding objectives of our project. It consists of creating a walking trajectory as close as possible to reality and designing a therapeutic garden for stimulating the various senses and for developing grip and balance. It will also be used for therapy and neuropsychological rehabilitation. Finally the well-being of the patients will be taken into account since it will allow the disoriented patients, currently confined inside, to be able to walk in a safe outdoor space.

Beneficiaries

- The three Units of Neurological Revalidation (60 patients) victims of cerebrovascular accidents, of polyneuropathy and of Parkinson syndrome.
- The ambulatory and pluridisciplinary consultation of Neurological Revalidation regrouping different pathologies (CVA, Parkinson). These patients will certainly be included in the project, given the numerous neurological disorders they present.(200 cases a week).

Budget

10.000 €